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Sofia Verza

*Dobbiaco, 27
Settembre 2025*

**L'antidoto alla
disinformazione è una buona
informazione:
lo stato della libertà di
stampa in Europa**



Il quadro giuridico europeo per la sfera pubblica digitale

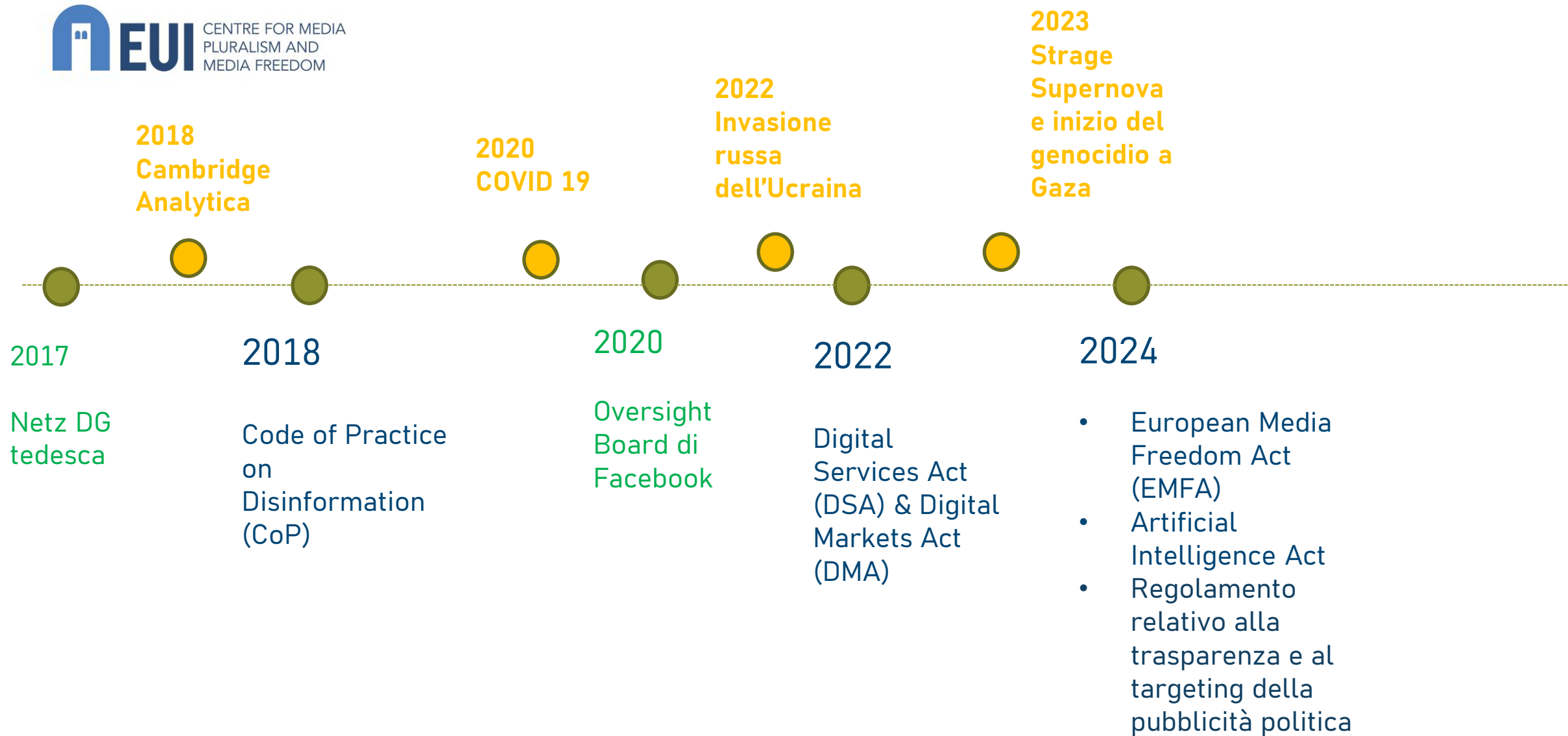


2015: EU Digital
Single Market
Strategy

2016: EU Code of
conduct on
countering illegal
hate speech
online

2016: General
Data Protection
Regulation
(GDPR)

2018: Revised
Audiovisual
Media Directive
(AVSMD)



MEDIA PLURALISM MONITOR

2014

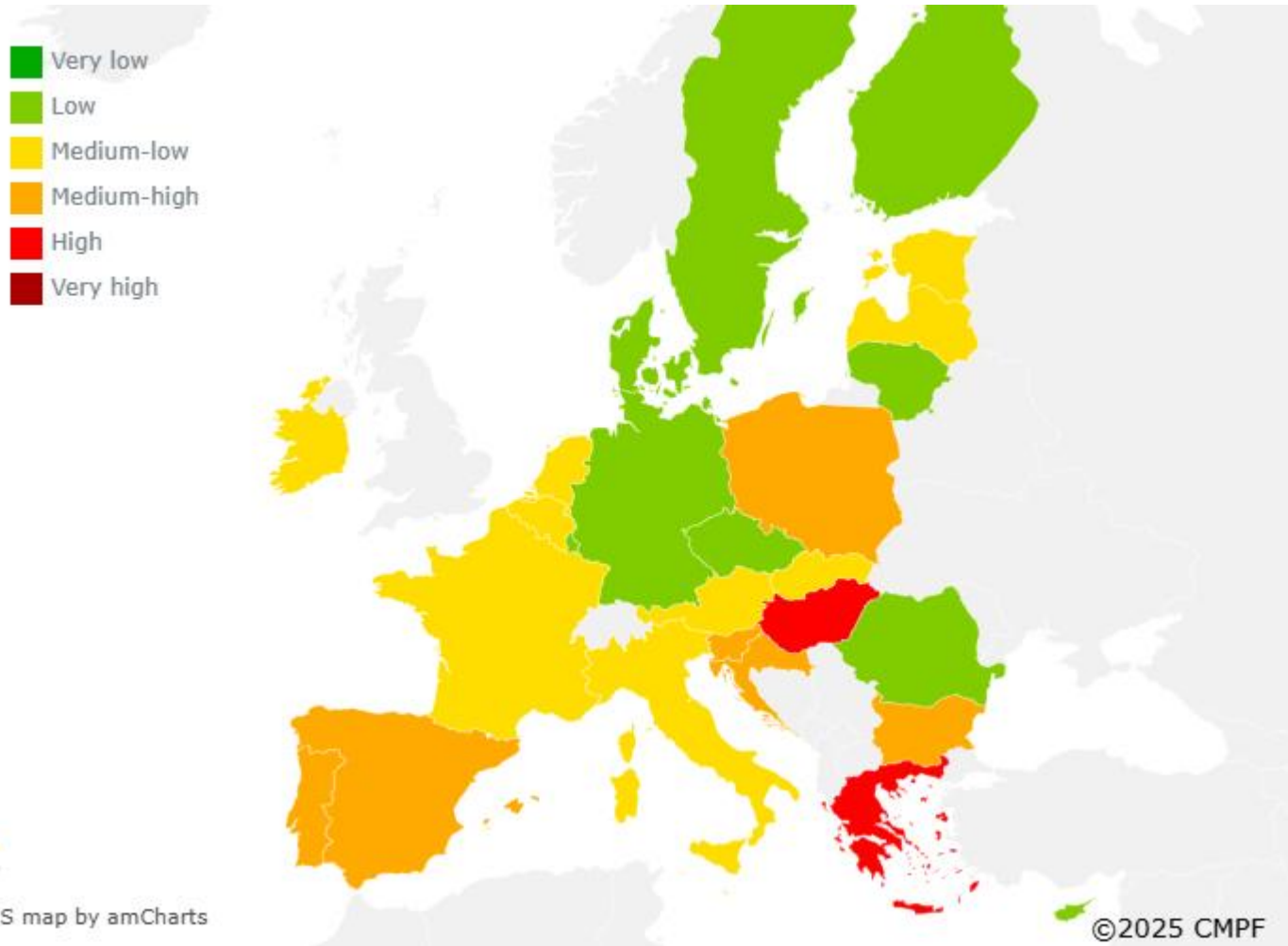


2024

Media Pluralism Monitor 2025: indicatori

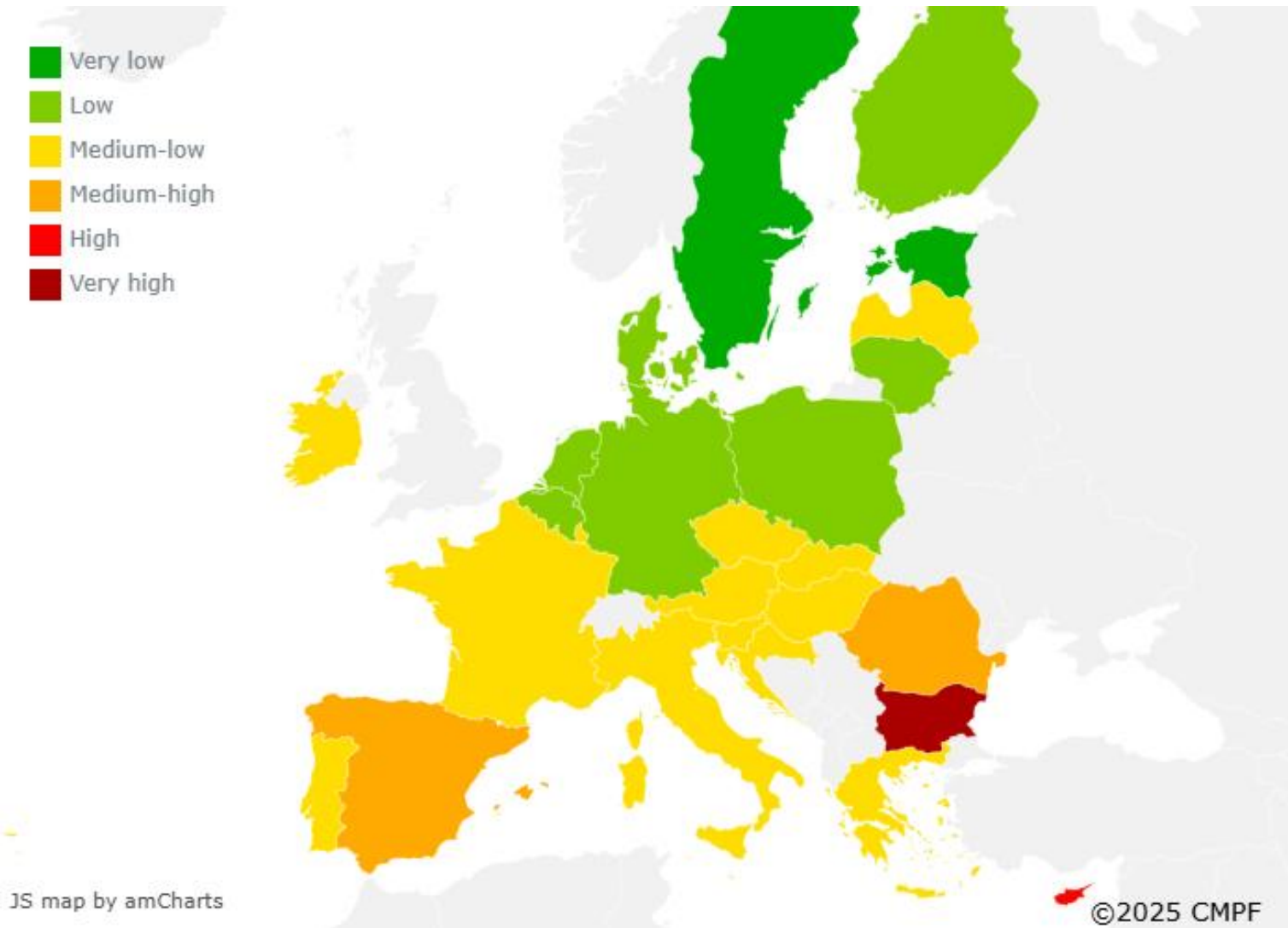
Fundamental Protection	Market Plurality	Political Independence	Social Inclusiveness
Protection of freedom of expression	Transparency of media ownership	Political independence of the media	Universal and inclusive access to media
Protection of information integrity	Plurality of media providers	Editorial autonomy	Representation of minorities in the media
Protection of right to information	Plurality in digital markets	Integrity of political information during elections	Local/regional and community media
Journalistic profession, standards and protection	Media viability	State regulation of resources and support to the media sector	Gender equality in the media
Independence and effectiveness of the national regulatory authorities	Editorial independence from commercial and owners' influence	Independence of public service media	Media Literacy

Protezione libertà di espressione



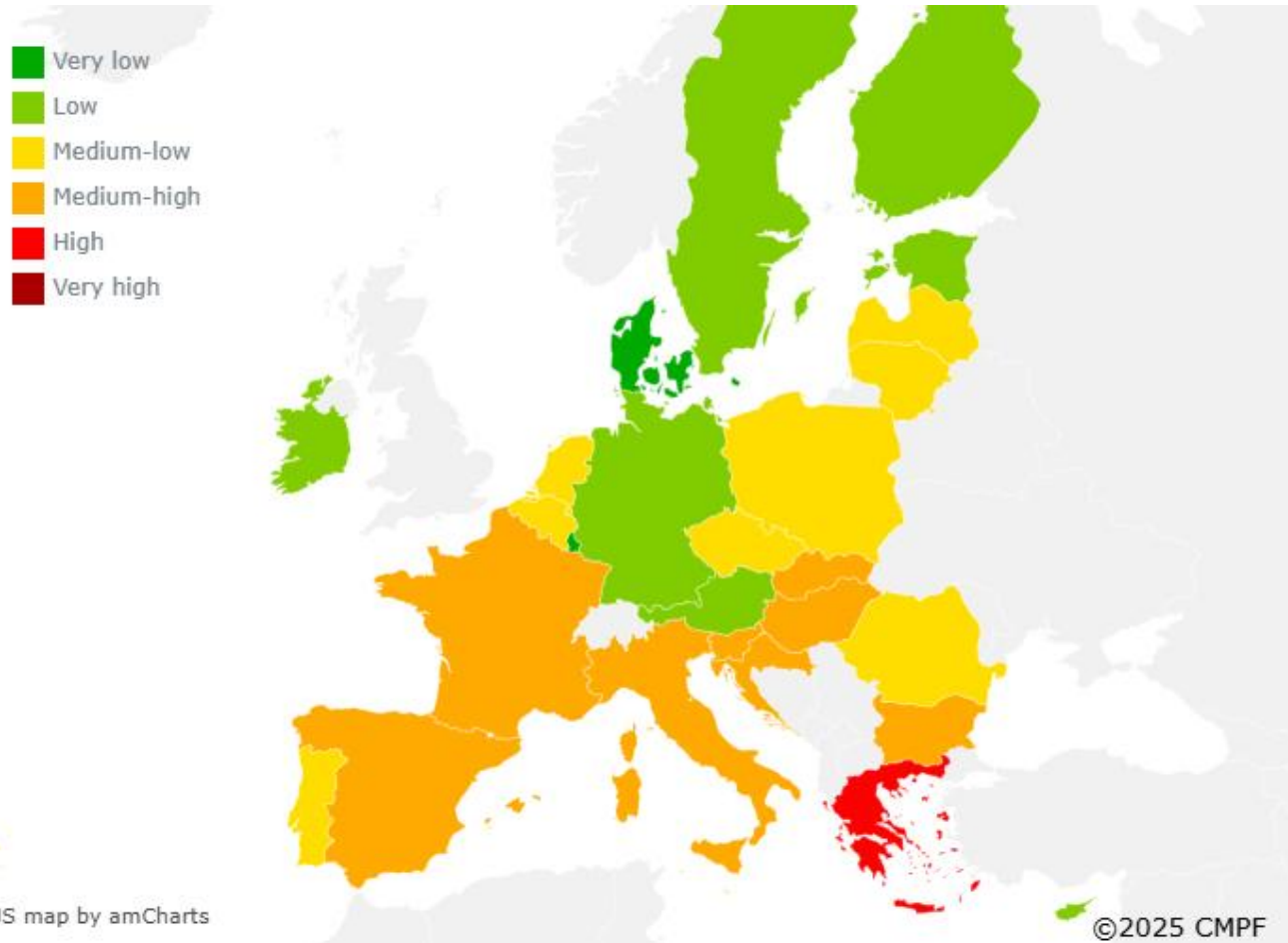
- Rispetto degli standard internazionali
- Bilanciamento libertà di espressione e dignità personale
- Querele temerarie

Protezione dell'integrità dell'informazione



- Rispetto della libertà di espressione da parte delle piattaforme online (social media)
- Rispetto della libertà di espressione online da parte delle autorità
- Protezione contro la disinformazione e interferenze straniere

Protezione della professione giornalistica



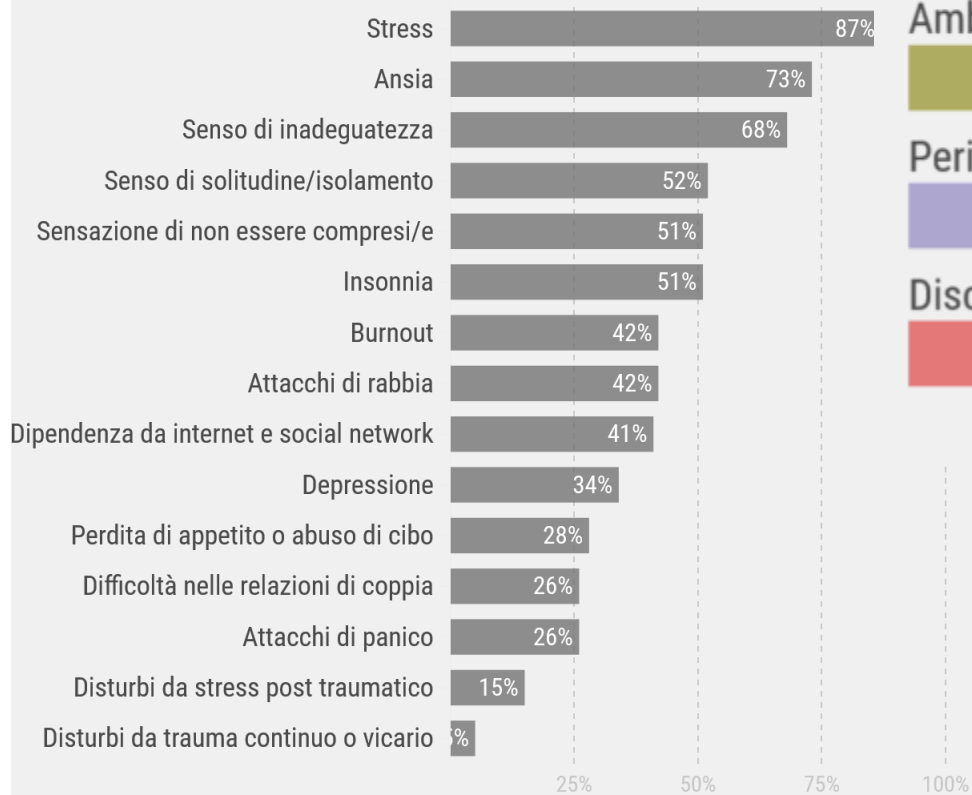
- Condizioni di lavoro
- Sicurezza fisica
- Sicurezza della vita
- Sicurezza digitale
- Persecuzione criminale contro i giornalisti
- Protezione delle fonti (incl. sorveglianza)

Le principali aree di stress

L'aspetto economico e l'ambiente di lavoro sono considerati dalla maggior parte dei giornalisti come quelli più impattanti per la propria salute mentale

I disturbi che colpiscono i giornalisti freelance

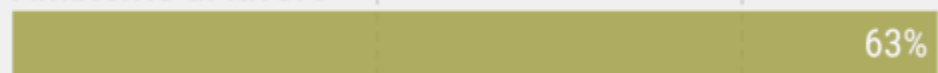
Tra i sintomi di disagio più diffusi ci sono stress, ansia e senso di inadeguatezza



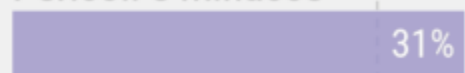
Fattori economici



Ambiente di lavoro



Pericoli e minacce



Discriminazioni e molestie



Come ti senti? La prima indagine sulla salute mentale dei giornalisti freelance in Italia

-A. Facchini (2023), IRPI Media

Sicurezza digitale

- Hate speech
- Doxing, spoofing, deepfakes
- Sorveglianza intrusiva
- Impunità per i reati online
- Europa occidentale a rischio

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MEDIA PLURALISM IN THE DIGITAL ERA

LEGAL, ECONOMIC, SOCIAL, AND POLITICAL
LESSONS LEARNT FROM EUROPE

Edited by
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Grazie mille!

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